



## November 2016

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# December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p><b>1 D-Day</b>  <b>Breakfast:</b>  Waffles  <b>Lunch:</b>  Hamburger  <b>School Activities:</b>  Basketball Boys  Freshmen</p>	<p><b>2 A-Day</b>  <b>Breakfast:</b>  Bagel  <b>Lunch:</b>  Buffalo Chicken  Sandwich  <b>School Activities:</b>  Basketball Boys JV  &amp; Varsity</p>	<p><b>3</b>  SAT TEST</p>
<p><b>4</b></p>	<p><b>5 B-Day</b>  <b>Breakfast:</b>  Waffles  <b>Lunch:</b>  Tostitos Scoops  <b>School Activities:</b>  Varsity Bowling  Basketball Boys  Freshmen  <b>Early Dismissal</b></p>	<p><b>6 C-Day</b>  <b>Breakfast:</b>  Sausage &amp; Cheese  English Muffin  <b>Lunch:</b>  Pizza Crunchers  <b>School Activities:</b>  WTPSO Meeting  Basketball Girls JV  &amp; Varsity  Basketball Boys JV  &amp; Varsity</p>	<p><b>7 D-Day</b>  <b>Breakfast:</b>  French Toast  Sticks  <b>Lunch:</b>  Flat Bread  Turkey-Ham  Wrap  <b>School Activities:</b>  X- Cats @ REC  Bowling Varsity</p>	<p><b>8 A-Day</b>  <b>Breakfast:</b>  Turkey &amp; Egg  Sandwich  <b>Lunch:</b>  Pasta and  Meatballs  Chicken Wrap  <b>School Activities:</b>  Basketball Boys  Freshmen  Basketball Girls  JV &amp; Varsity</p>	<p><b>9 B-Day</b>  <b>Breakfast:</b>  Yogurt  <b>Lunch:</b>  Egg Sandwich  Tacos  <b>School Activities:</b>  DVC  Basketball Boys  JV &amp; Varsity</p>	<p><b>10</b>  School  Activities:  DVC @ 2 pm &amp;  7:30 pm  Indoor track &amp;  field Varsity  ACT TEST</p>
<p><b>11</b></p>	<p><b>12 C-Day</b>  <b>Breakfast:</b>  French Toast  <b>Lunch:</b>  Chicken Nuggets  <b>School Activities:</b>  Bowling Varsity  Basketball Boys  Freshmen</p>	<p><b>13 D-Day</b>  <b>Breakfast:</b>  Pancakes  <b>Lunch:</b>  Chicken  Sandwich  Vegetable Wrap  <b>School Activities:</b>  Picture Retake  Basketball Boys  JV &amp; Varsity</p>	<p><b>14 A-Day</b>  <b>Breakfast:</b>  Sausage &amp; Egg  Sandwich  <b>Lunch:</b>  Chicken Wrap  Ravioli  <b>School Activities:</b>  Basketball Girls  Varsity  Bowling Varsity</p>	<p><b>15 B-Day</b>  <b>Breakfast:</b>  Waffles  <b>Lunch:</b>  Chicken  Sandwich  Egg Sandwich  <b>School Activities:</b>  Recruitment &amp;  Winter Concert  Basketball Boys  Freshmen</p>	<p><b>16 C-Day</b>  <b>Breakfast:</b>  Bagel  <b>Lunch:</b>  Chicken Sandwich  Turkey Ham &amp;  Cheese  Sandwich  <b>School Activities:</b>  OC Club Holiday  Fundraiser  Basketball Boys &amp;  Girls JV &amp; V  Indoor Track &amp;  Field Varsity</p>	<p><b>17</b></p>
<p><b>18</b></p>	<p><b>19 D-Day</b>  <b>Breakfast:</b>  Waffles  <b>Lunch:</b>  Pizza  <b>School Activities:</b>  Bowling Varsity  Basketball Girls  JV &amp; Varsity</p>	<p><b>20 A-Day</b>  <b>Breakfast:</b>  Sausage &amp; Egg  Sandwich  <b>Lunch:</b>  Cheese Sandwich  Pizza  <b>School Activities:</b>  Basketball Boys  JV &amp; Varsity  Basketball Girls  JV &amp; Varsity</p>	<p><b>21 B-Day</b>  <b>Breakfast:</b>  Pancakes  <b>Lunch:</b>  Turkey-Ham  Wrap  Tostitos Scoops  <b>School Activities:</b>  Bowling Varsity  <b>JAN 21 SAT  REGISTRATION  DEADLINE</b></p>	<p><b>22 C-Day</b>  <b>Breakfast:</b>  French Toast  sticks  <b>Lunch:</b>  Pizza  <b>School Activities:</b>  Basketball Boys  JV &amp; Varsity  Basketball Girls  JV &amp; Varsity</p>	<p><b>23 D-Day</b>  <b>Breakfast:</b>  Yogurt  <b>Lunch:</b>  Tacos  Tuna Sandwich  <b>School Activities:</b>  Indoor Track &amp; Field  Varsity</p>	<p><b>24</b></p>
<p><b>25</b></p>	<p style="text-align: center;"><b>Winter  Recess  (No School)</b></p>	<p style="text-align: center;"><b>Winter  Recess  (No School)</b></p>	<p style="text-align: center;"><b>Winter  Recess  (No School)</b>  <b>School Activities:</b>  Basketball Boys  Varsity &amp; JV  Basketball Girls JV  &amp; Varsity</p>	<p style="text-align: center;"><b>Winter  Recess  (No School)</b>  <b>School Activities:</b>  Basketball Girls  Varsity &amp; JV</p>	<p style="text-align: center;"><b>Winter  Recess  (No School)</b>  <b>School Activities:</b>  Basketball Boys  Varsity &amp; JV  Indoor Track &amp;  Field Varsity</p>	<p><b>31</b></p>



# An Extra Push

November 30, 2016



Jah'meir Robinson  
Wildcat Times  
Correspondent

Wilson will soon hold After School Tutoring for all students who would like to attend. Tutoring will start on November 28 from 2:30 pm to 3:30 pm with different classes will be available on every day of the week.

Monday's will be for students who need help in English in room 241; Tuesday's are Geometry and Living Environment in rooms 209 and 241; Wednesday's schedule consists of Algebra in room 209 and U.S History in room 241; the final day of the week for afterschool tutoring is Thursday with Global history.

Wilson is also offering Saturday School, January 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup>. The time is from 9 am to 11 am and will provide tutoring similar to the After School Tutoring Program. The same classes are offered and students will be placed in a room according to what subject they are looking for assistance in.

Each class has a regents test associated with them and this help could help students pass these exams. There are 5 exams that all students must pass so that they are eligible for graduation. For a regents diploma you would need to pass Algebra 1, Global 2, U.S. History, English 3 and Living Environment. All of those classes are provided at our tutoring sessions.

Melanie Williams, a counselor at Wilson Magnet High School, believes, "this afterschool and Saturday tutoring will help the seniors not have these tests hanging over their heads once June comes. They will already be done with the required regents tests they are in need of passing and could focus on class grades and community service hours."

Attending these sessions can really provide students with the knowledge they need to be able to pass these NYS regents tests. Many seniors may not be able to graduate without passing one or more of the tests named above. In June, the extra help that is given can make all the difference.

Along with the outside of school help, there is also assistance during the school day. Regents review classes are available to all who may need them. These 45 minutes are jam-packed with content and may be difficult take in and comprehend but, with a lot of practice, could be the last little push that students need.

In some cases, like science classes, materials that you need may not be provided for you such as review books or materials for labs. Ms. Williams added "If students are able to pass these tests in January they may be able to get rid of Regents review classes and take an elective they may need."

These programs are also beneficial to underclassmen—tutoring is open to all so students can receive extra assistance when taking the state tests the first time. By passing them, students are open to more class choices as seniors and do not have the stress of passing a high-stakes test.

With the extra help Wilson is giving, students can stay on top of their studies and stay on track to graduate in June.



# The Holiday of Christmas



Joshua Sanks  
Wildcat Times  
Correspondent

November 30, 2016

Christmas is a holiday celebrated by billions around the world. Christmas is a religious holiday that annually celebrates of the birth of Jesus Christ on December 25<sup>th</sup>. While Christmas is known as a time for families to come together, have a traditional dinner and give gifts to each other, its beginnings may not be as well-known.

The first recorded date of Christmas being celebrated on December 25<sup>th</sup> was in 336, during the time of the Roman Emperor Constantine. Christmas is celebrated by Christians, the followers of a religion based on the teachings of Jesus Christ. Christians believe that Jesus is the son of god and the savior of humanity so his birthday is celebrated and revered.

Different countries celebrate Christmas on different days. For example, in Russia and the Ukraine, Christmas is celebrated on the 7<sup>th</sup> of January and not on December 25<sup>th</sup> like most other countries.

Traditions differ too. In Ireland, its traditional to leave pies and a bottle of Guinness out as a snack for Santa. There are many different things people do on Christmas depending on the country and the culture.

Many families tell their children that if they don't behave then they won't receive any gifts from Santa Claus. Santa Claus is a legendary figure who is known to bring gifts to houses with well-behaved children on Christmas Eve.

There are many types of Santa Claus around the world. There is Father Christmas in Great Britain, saint Nicholas in the Netherlands, gift-giver of Myra in Greece and there are many more.

Whatever its origin. Christmas has become a time to come together and celebrate with families and loved ones. This year, while sharing gifts and having a swell traditional meal, take thought in the true meaning of Christmas and bask in the love that's in the air.



# American Red Cross

The need is constant.  
The gratification is instant.  
Give blood.™

## Blood Drive

November 30, 2016



Tansanika Moody  
Wildcat Times  
Correspondent

There is a constant need for help to help save lives and the Red Cross is leading this effort with community blood drives.

One out of ten people that enter a hospital will need a blood transfusion to save their life. An estimated 4.5 million people die each year in need of said transfusion.

The Red Cross is looking to decrease this number.

The Red Cross is a nationwide organization that, among other humanitarian activities, collect blood donations for hospitals and emergency technicians. One pint from a donor

could save up to three people's lives.

The donation process is simple. While you do what you want to keep yourself comfortable (listen to music or even talk with others), technicians will take care of the rest.

First, the arm will be cleansed. Next, a technician will insert a needle to draw a pint of blood. After, the area will be covered with a bandage.

The Red Cross tests the blood before they send it to be used. The results are quick and confidential.

If you're not eligible to donate blood you can still help out. Training is available to help during natural disasters. You could be trained to be sent to provide safe shelters, clothing and food after these events along with others who volunteer.

To participate in this humanitarian group, you have to be at least sixteen with a signed consent form. Make sure to bring some form of picture identification, such as a license or student ID, the day of the donation.

To avoid light headedness and other symptoms, before coming to the drive you should eat high iron foods that create energy and drink fluids with vitamin C or water to hydrate yourself. Mr. Taubenfeld, Red Cross supervisor and donator, states, "you should eat a healthy breakfast and/or lunch based on when your appointment is."

After the collection, head over to the recovery area where there are refreshments and drinks. Taubenfeld also said, "although the staff will not force you, it's recommended that you sit for a minimum of 10 minutes afterwards." Everyone's body doesn't react the same so these steps are a way to ensure all participant's safety.

There will be three Blood drives here at Wilson Magnet High School this year. The first being December 7<sup>th</sup>. If you're willing, schedule an appointment today. You will become an influence to others and help save a life.



# The Real Wildlife

November 30, 2016



Shaliyah Whitaker  
Wildcat Times  
Correspondent

Mrs. Post is not only a science teacher here at Wilson Magnet High School, she also studied and helped the wildlife in our area.

Before working at Wilson, Post traveled around the New York State for ten years helping and rehabbing injured animals, relocated them back into the wild.

Post helped to rebuild the population of endangered species by transporting these animals back to their habitat. She often helped turkeys, bobcats, eagles, hawks and other predators as-well-as prey. Post also worked with the much publicized falcons at the Kodak Tower located in Rochester NY—she helped to return them back to their nests.

To help repopulate, Post used to mate-bond, or pretend to be the animals mate, with different species. At one point, she mate-bonded with a turkey vulture saying, "...he would come down and sit on my head as if I was his mate." Post adds, "it was funny and adorable."

While Post has been instrumental to releasing and repopulating endangered animals, some couldn't be released. These animals were taken to schools to teach children about conservation and wildlife.

Post is interested in wildlife and helping makes her feel like she made a difference and excited to be involved. She adds, "I really like sharing with people who never witnessed the wild in full effect".

While Post enjoys working with the wild, she loves teaching just as much. She recalls her work with her mentor Jane Goodall, a well-known English primatologist. Throughout their work together studying wildlife, Post was very happy and admired Goodall. To be able to teach younger students is Post's way to pass her and Goodall's passion for wildlife on.

While being in nature is fun and exciting, it isn't always positive. Post warns about the dangers of climate change. If efforts are not made, she feels that it would hurt the population of these wildlife animals. And if these animals are effected, Post feels that climate change will affect our food services as well.

Our wildlife must be preserved and cherished. When approaching the unknown, we should respect and learn things before acting out of violence and fear.



## Changes May Be in Store for Big Wilson

November 11, 2016



Jasmine Walker  
Wildcat Times  
Correspondent

Be prepared for the invasion next school year—seventh and eighth graders might be walking the halls here at Wilson Commencement.

The new superintendent is in discussions about restructuring and moving some schools.

The District announced a proposed shuffling of schools but the changes may cause many problems.

Early College would move from Wilson Foundation to Charlotte. But this change would become a problem because the move would locate the school far away from Monroe Community College where many of the students take classes. They would be forced to take longer bus rides to school and to their college classes. Also, in the future, they will be far away from the proposed new downtown Monroe Community College campus in the Kodak building.

Two elementary schools could also be effected: schools #1 and #15.

While their current building is renovated, School #1 would move their building to Wilson Foundation until 2018. School #15 would move permanently to Wilson Foundation.

With the addition of two elementary schools, Wilson Foundation would become too crowded so the district wants to move grades 7 and 8 down the street to Wilson Commencement. This change would happen for the 2017-2018 school year making Commencement a seven through twelve school.

Many parents are upset about these changes and how it will affect the kids.

Many years ago, Wilson Commencement was a seventh through twelfth grade building. This lasted only one year and went back to ninth through twelfth.

Mr. Fischpera, administrator at Wilson Magnet High School, was unaware of any actual plans. He said, “I’ve heard that it was discussed at the School Board meeting but, at this time, I don’t know.” While there is no definite decision regarding these changes, Fischpera added with a smile, “I really like working with High School students.”

No final decision has been made at this time. It is up to the superintendent, the school board and the parents to agree on a plan. But with enrollment being down and test grades looming, changes may come soon to the Rochester City School District.